### June/July 2025

# OPEN DOOR





£1.00

For Churches in Tiptree, Tolleshunt Knights, Great Braxted, Messing & Inworth



### **Contacts**

#### **Team Rector**

Revd Anne-Marie Renshaw 01621 815260 amlrenshaw@btinternet.com Day off: Friday

**Team Vicar** 

#### **Associate Ministers**

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#### **Team Administrator** - Christine Hall.

The office number is 01621 819557 (with voice-mail).

Tuesday, Wednesday & Thursday, available for phone enquiries from 10 am to 12.30 pm on the mobile: 07421 078981 (with voicemail). Available in St Luke's Church at the Office: on Tuesday afternoons by appointment only & on Thursday from 10 am to 12.30 pm.

Email: thurstableteamadmin@btinternet.com

www.thurstablewinstree.org

Deadline for the next edition: August/September 2025 Sunday 6th July 2025.

#### FROM THE TEAM RECTOR

One of the saints who has a feast day in June is Barnabas, who is celebrated on 11 June. Barnabas emerges in the Acts of the Apostles as one of the most significant leaders in the early church. He is described as a Levite from Cyprus – so from the Greek world, rather than Jewish origins – originally called Joseph, but named Barnabas by the apostles. His new name means "son of encouragement". We know he was a generous giver, selling a field and donating the money to the church.



After Saul's dramatic conversion to Christianity, it would be Barnabas who would introduce him to the leaders of the church in Jerusalem and would persuade them that Saul – now Paul - no longer posed a danger to them. He was later sent to Antioch to support a new church there. Luke, the writer of Acts, describes him as "a good man, full of the Holy Spirit and of faith". Barnabas fetched Paul to join him and they spent a year in Antioch leading the church together. It was there that believers were first called "Christians".

Paul and Barnabas travelled to many other places together. Eventually they fell out over a fellow disciple named Mark. Mark had let them down on a previous occasion, so Paul didn't want him to be involved in their work, but Barnabas, the son of encouragement, wanted to give Mark a second chance. They couldn't agree so, in the end, Barnabas took Mark with him to his native Cyprus while Paul took Silas in a different direction. Barnabas is believed to have been martyred in Cyprus in the year 61.

I wonder how many people Barnabas made a difference to and encouraged in their own faith? Paul and Mark certainly and also the churches in Antioch and all the other places that he visited. I am grateful for the people who have encouraged me over the years, especially the people in the churches where I grew up and worshipped as a student, who encouraged me to take my first steps into ministry. I wonder who you could encourage today and what a difference that might make to their life?

#### Anne-Marie Renshaw



### Congratulations

To

Frank and Ruth Le Poidevin who celebrate their 65th Wedding Anniversary (Blue Sapphire) on 6th June 2025



#### **PCC Membership**

Following the conclusion of the various APCM's across the team the PCC's of each Church are as follows:

#### Inworth

Chair: Rev'd Anne-Marie Renshaw Churchwarden: Mrs Jane Walker Treasurer: Rev'd Michael Hatchett Secretary: Mrs Sue Bunting

Lay Vice-chair: Mr Mark Walker

Sidesmen: Mrs Brenda Taylor, Mrs Yvonne Towler, Mrs Sue Bunting

Electoral Roll Officer: Mrs Brenda Taylor

Ex Officio: Rev'd Liz Barnes & Rev'd Christine Newmarch

#### Messing

Chair: Rev'd Anne-Marie Renshaw

Treasurer: Paul Marven,

Churchwarden: Helen Longman, Churchwarden: Anne Buckingham,

Assistant Churchwarden: Paul Buckingham,

Secretary: Anne Wild, Kate Jackson Andrew Harding

Ex Officio: Rev'd Liz Barnes & Rev'd Christine Newmarch

#### **Tiptree**

Chair: Rev'd Anne-Marie Renshaw Churchwarden: Clive Eastbrook (and Lay

Vice Chair)

Churchwarden: Sheila Gunson

Treasurer: Martin Borgartz (Deanery

Synod + Team Council)

Secretary: Sue Long

Rev'd Liz Barnes

Wendy Borgartz

Ian Calvert

Rev'd Christine Eaton

Jane Lawrence

Sue Lyne

Linda Morrison

Rev'd Christine Newmarch

Pauline Swindle (Deanery Synod)

Harold Toms (Deanery Synod)

Diana Webb

Alison Weston

Eric Wilson

#### Surge in visits to church search website AChurchNearYou.com

The number of page visits to the Church of England's church-finder website soared by 55 per cent last year to almost 200 million, as growing numbers of people searched for their local congregation.

Public page views on <u>AChurchNearYou.Com</u> hit 198.6 million in 2024 – up from 128.1 million in 2023 and up more than three quarters on the previous year.

The figure does not include the 9.7-million-page impressions from the site's army of local editors, who maintain and update parish pages, adding and tagging worship services, events and community action projects such as food banks.

Users shared a total of 11,733 church services and events from AChurchNearYou.Com on social media last year – a 268 per cent increase in a year.

And 18,445 services and events were added to calendars on people's mobile phones and other devices, a 200 per cent increase on the previous year.

The surging use of AChurchNearYou.Com comes after polls suggested growing interest in faith.

The Bible Society's recent report *The Quiet Revival* pointed to evidence of a turnaround in the numbers of young people identifying as Christian, and who say they regularly attend church.

The Church of England's Head of Digital, Amaris Cole, said: "We're delighted that more people than ever are looking for a local church via our church-finder tool, AChurchNearYou.com.

"The staggering increase shows the public are more interested than ever in connecting with one of our communities, whether for a service, an event, a family activity or one of the amazing projects our churches run.

"Our churches regularly report newcomers who have found them through the site, so the rise in page hits is giving our editors confidence in inviting the public in to one of our 16,000 spaces.

"Because everyone is welcome, we've prioritised accessibility by adding tags to help visitors find the service for them – whether there is wheelchair access, gluten-free refreshments, British Sign Language translation or dementia friendly. These can be found by using the tags when searching for churches in your area."

Parish Pump

# From Andy Butt Tiptree Youth Project Outreach Community Youth Worker

It's been some time since I last wrote for *Open Door* but a far from idle time for me as I've continued to run both the CITY group and Wednesday Youth Club alongside being a regular presence in Thurstable School throughout this school year.

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I'm hopeful too that by the time you read this we may

be sharing good news as our latest round of advertising for a sessional Youth Worker to help me with Wednesday Youth Club and CITY has at last had a good level of interest. I'm grateful for the continued support of the Essex Police Fire & Crime Commissioners office for their continued support for this through extending their Violence and Vulnerability Community Grant to us. Violence? Vulnerability? Surely not in Tiptree you may ask. Well yes we are fortunate that this community is not regularly subject to these, but the reality is that all young people are deemed vulnerable unless well supported, and that is where youth clubs come in, by providing safe spaces for young people and opportunities to guide them on to good paths.

The summer term is also a good chance for me to create new connections and relationships with local children heading to secondary school for the first time in September. Once again Anne-Marie, Wendy and I are delivering the Scripture Union *It's Your Move* workshop to year 6's, helping them to prepare for the transition from primary to Big school. Many are ready for this, other still anxious and unsure. We will hopefully be reassuring them as well as leaving them with a great handbook full of practical advice, games and puzzles plus invitations for them to join me at my youth activities.

Our hopes to establish an activity for 11 -18's from across the deanery has been slow to get going. We do though feel there is a real need for this to bring local young people from within the churches together for a mutual encouragement, praise, prayer and worship. Do pray that we find a way to get this right, both for those in Tiptree and beyond.

As always I'm happy to chat with you if you want to find out more about what I'm doing, or perhaps you'd like to help me, either by praying for TYPO activities or joining me as a volunteer. Believe me, young people help keep you young yourself!

Enjoy the summer

#### **Andy Butt**

Contact me by email Andy@TYPO.uk.net or see me about the village





# Games Afternoon

4th Friday, Every Month, 2-4pm

£3 per person Includes Biscuits, Coffee, Tea, & Good Company!

Rummikub, Cribbage, Scrabble, Mahjong, Cluedo... and many more Games available













### **Diary Dates for 2025**

#### FRIENDS OF ST LUKE'S





1<sup>st</sup> February 7.30 pm Quiz Night on behalf of TYPO

15<sup>th</sup> February 7.30 pm Valentine's 80's Night with DJ Mike Boot

1<sup>st</sup> March 5pm Pancakes & Puddings Hosted by Rev. Anne-Marie Renshaw

15<sup>th</sup> March 7.30 pm Quiz Night hosted by Steve Scruton from BBC Essex Radio

26th April 7.30 pm

Jazz @ St Luke's featuring The Andy Brush Quintet

10<sup>th</sup> May 7.30 pm 80<sup>th</sup> Anniversary VE Day Singalong hosted by Tom Carradine

> 13<sup>th</sup> September 7.30 pm Barn Dance hosted by John Dorsett

11<sup>th</sup> October 7.30 pm Quiz Night hosted by Friends of St Luke's

22<sup>nd</sup> November 7.30 pm 90's & Christmas Music Night

Every 4<sup>th</sup> Friday thoughout 2025 (2pm to 4pm) **Games Afternoons** 

\*For further information on any of the above events\* please contact <a href="mailto:foslbookings@gmail.com">foslbookings@gmail.com</a>

### Food Bank Shopping List



Items suitable to be donated:

Long life milk

**Breakfast cereal** 

Fruit juice

Tea

Coffee

**Biscuits** 

Jam

Squash

**Tinned vegetables** 

Soup

**Baked beans** 

**Tinned custard** 

Tinned rice pudding

**Tinned fruit** 

Pasta

Rice

Pasta sauce

**Tinned tomatoes** 

**Tinned meat** 

**Tinned fish** 

**Tinned potatoes** 

**Cereal bars** 

Crisps (6-pack)

Sugar

**Treats** 

Toilet roll

**Toiletries** 

Laundry detergent

**Cleaning products** 

Please make sure that food is in date,

preferably with a good

shelf life.

Thank you for your

kind support

September 2024

# Eight crimes a day are committed against UK churches

On average, at least eight crimes a day have been committed against churches in the UK, over the past three years (2022 to 2024).

So reports the Countryside Alliance, giving the findings of its latest campaign.

When the Countryside Alliance made Freedom of Information (FOI) requests to the UK's 45 territorial police forces, it found that there had been 9,148 records of theft, burglary, criminal damage, vandalism and assault from January 2022 to December 2024.

This means that, on average, at least eight crimes took place at churches every single day over the three-year period.

179 lead and metal thefts were recorded, along with 3,758 other thefts and burglaries, 3,237 incidents of criminal damage, vandalism and arson, and 1,974 cases of violence.

The worst-hit areas were West Yorkshire, (1,121 crimes recorded), followed by Kent (655) and Greater Manchester (642).

Mo Metcalf-Fisher, Director of External Affairs at the Countryside Alliance, said:

"Horrific attacks on churches and places of worship continue to happen all across the country. Criminals treat them as easy targets, brazenly stealing from and causing criminal damage to these focal points of our communities.

"Churches and places of worship are meant to be places of sanctity and refuge. Increasingly, however, they seem to be being subjected to awful acts of crime on a regular basis.

"We cannot allow these cherished places to continue to be unprotected against the machinations of criminals – it is vital that the public keep a watchful eye and report any issues to the police."

A Church of England spokeswoman said:

"Our churches play such a crucial role in providing spiritual, pastoral and practical support to their local communities, helped by our wonderful volunteers. A crime committed at a church is a real setback, not just for its congregation, but for all those who benefit from its presence in their community".

Assistant Chief Constable Rachel Nolan, National Police Chiefs' Council Lead for Heritage Crime said:

"Stealing from, or damaging any places of worship, historic buildings and cultural sites is abhorrent.

"Churches are important to many communities across the country and these crimes directly impact people who visit, worship and enjoy those spaces. They are attacks on our national and local heritage, and they can cause irreplaceable damage.

"We are committed to tackling this issue and our heritage crime officers will continue to work with partners to reduce offending and raise awareness about the long-lasting damage heritage crime can have. We ask everyone to report anything suspicious online, via 101 or anonymously via Crimestoppers, and have some great Heritage Watch schemes across the country people can join."

The Countryside Alliance has called on the Government to extend future funding and promotion of the Places of Worship Protective Security Scheme, provided free of charge by the Home Office to protect places of worship and associated community centres in England and Wales.

Parish Pump

# Parent & Toddlers at St Luke's

Meet here every MONDAY morning 9.15am - 11.15am



(includes holidays, but not bank holidays) photo by Marcus Spiske Unsplash

Everyone welcome! Parents or carers, grandparents, friends and childminders.



Meet up, have a chat, relax and play!



There is a small charge of £2.00 per family - drinks & biscuits are included



Further information from Margaret Peek 01621 810804 or Maureen Horn 01621 817497

#### The simple pleasures of Ordinary Time

One great phrase of the Church of England, which is little-known but carries a wealth of rich meaning, is 'ordinary time'. While the seasons of Christmas, Epiphany, Lent, Easter, Pentecost and Advent all have their fixtures and moments for focus and concentration, the bulk of the summer months is 'ordinary time'! A very evocative phase — nothing particularly to focus on or to celebrate.

Just because it is 'ordinary', it does not mean it is not important or of no significance to how God wants us to use our lives. For most of us life is lived between high and low points: we look forward to something on the horizon or we are seeking to recover from something. So, it should be no surprise that ordinary time is the longest season in the Church calendar. Abraham Lincoln once said that: "God must love ordinary people because He made so many of them"!

Ordinary people, it seems to me, need 'ordinary time'. Sundays and weekdays inbetween, to sense God's presence with us in the day-to-day mundane, and ordinary comings and goings of life. He is there in the heights of resurrection joy and celebration. He is with us in the vulnerability and frailty of human weakness, modelled in the incarnation. He is with us in our efforts to discipline ourselves and be moulded by him (Lent) but He is also with us whenever we are conscious of life just being ordinary. When our eyes are opened to these things, we will see what an extraordinary God we have!

Parish Pump

#### Danger on rural roads

Did you know that driving on rural roads is more dangerous than driving on urban ones?

According to the NFU Mutual's Rural Road Safety report for 2023, the number of lives lost on rural roads was a staggering 70% higher than on urban highways. Also, collisions on rural roads were around four times more likely to result in a fatality than on an urban one.

The reasons as to why this should be include: changing speed limits, blind corners, field entrances, narrow carriageways, single lanes with no hard shoulders, limited or no road lighting, mud and debris on the road, livestock and wild animals on the road, and agricultural vehicles.

And so it is that the NFU has campaigned to improve rural road safety, and it has now published its 'Code for Countryside Roads' to guide people as to how to drive safely. More info at: <a href="https://www.nfumutual.co.uk">https://www.nfumutual.co.uk</a>

Parish Pump

#### YOUTH AND CHILDREN'S WORK TEAM

The Team meets once a term to review and discuss the various work undertaken across the Parish with young people and children. We also keep safeguarding under review as part of our work. We then usually run through the following list of activities, discussing how they are running, any suggestions for improvement or any new ideas:

- Parent and Toddlers group
- Messy Church
- Sunday Club
- Baptisms
- Admission of children to Communion/Confirmations
- Primary schools
- TYPO

At our last meeting in March there were no safeguarding issues identified to report. Sunday club is not running at present due to a lack of children. Messy Church is going well, 27 children attended in March, the challenge is to engage parents so they continue to come to church once their children are too old for Messy Church. Work with schools is going well, Anne-Marie did Ash Wednesday services at all four church schools and at Milldene. Wendy now leads assemblies at Tiptree Heath, Layer de la Haye and Birch schools. All the schools, except Baynards, are participating in It's Your Move for year 6 transition to secondary schools this year. There are 3 young people who want to be confirmed in September 2025, preparations are to start soon led by Andy with help from Anne-Marie, Wendy and others. The Deanery youth work needs to start in April, Andy is preparing flyers for this.

\*\*Wendy Borgartz\*\*

#### Gen Z drivers hesitate to park their own cars

Two thirds of all Gen Z drivers (aged 18-to-28 years old) have asked their parents or friends to park their car for them. 96% admit they are anxious about parallel or reverse parking.

This compares to 28 per cent of Generation X (aged 45 to 60) who have asked for help in parking, and 14 per cent of Baby Boomers (aged 61 to 70).

The research, carried out by online British car retailer Cazoo, also found that Gen Z drivers get most anxious about 'parking while others are waiting' (47 per cent), 'parking between two cars close together' (43 per cent) and 'parallel parking' (40 per cent).

97 per cent of Gen Z drivers admit that they even sometimes park further away from their destination, in order to find a roomier space.

Another recent survey, by Enterprise Mobility, has found that Gen Z drivers are paying thousands extra for an electric car, rather than use a petrol or diesel model. Some under -25s are even spending more than £16,000, to buy an EV as their first car.

### **Book the Hall**

### for your meeting, group or event

we are in St Luke's Church Extension, St Luke's Church, Church Road, Tiptree, CO5 0SU



Good rates and improved facilities!

#### **Hourly Rate:**

£20 - regular bookings

£23 - one-off bookings

both including use of all facilities & kitchen

Wi-fi available for group leaders or speakers (discuss your needs when making your booking)



**Bookings & Enquiries to:** 

Gareth Williams: 01621 818069

Email: hall.stlukestiptree@btinternet.com

Why not give us a call?

We now have a Facebook Page www.facebook.com/tiptreechurchhall/

Regular Hall Bookings, at St Luke's:

For all hall bookings call Gareth Williams

01621 818069

Email: hall.stlukestiptree@btinternet.com

Weekly

Morning:

Afternoon

Evening

Monday

Parent & Toddlers; Chair Yoga

Tuesday

Tiptree Volunteers Coffee Morning,

(2nd & 4th Tues)

Chair Pilates, Up in Lights Dance Academy

Wednesday

Slimming World, Jan Scott Dance

regular private booking

WEA (autumn/winter)

Thursday

Sound Collective Coffee Morning & Choir U3A Choir (2<sup>nd</sup> & 4<sup>th</sup> Thurs)

Friday

Tiptree Art Club

Chair Pilates

Sunday

Coffee after Service

KYDS Youth Drama Society

Monthly

Sunday

Sunday Club (3<sup>rd</sup> Sunday morning)

Tuesday

Little City (1st Tuesday morning)

Wednesday

U3A Line Dance (2<sup>nd</sup> Wednesday afternoon)

Tai Chi 2.30 pm (3<sup>rd</sup> Wednesday) & 1.30 pm (4<sup>th</sup> Wednesday)

Tiptree Tipplers (3rd evening in month)

Thursday

U3A History (1st afternoon), Tiptree Garden Club (1st evening), Flower Club (2nd evening),

St Luke's Ladies Group (3rd evening)

Friday

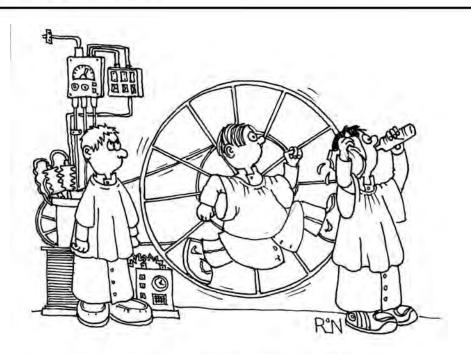
Messy Church (1st Friday afternoon), Priory Heath WI (2nd Friday afternoon in the month)

Games Afternoon (4th Friday afternoon)

If you are interested in making contact with any of the groups listed, please contact the Hall Bookings Administrator on hall.stlukestiptree@btinternet.com

Find us on Facebook: 1 / tiptreechurchhall

May 2025



When the solar panels weren't working, there was Plan B

### How many steps a day is enough?

Counting steps has, for many of us, become a part of our lives. We feel triumphant when we hit 10,000, and guilty when we notch up less than 2,000 a day.

But daily steps, which are really no more than regular daily exercise, are not just a gimmick.

Medical research has found that your daily step count, especially when taken over years, really can make a huge difference to your health and life expectancy. The Government's official statistics cite physical inactivity as responsible for one in six otherwise preventable deaths.

So how many steps do you need to achieve different levels of protection?

2,000 to 3,000 steps a day – or just over a mile. This can help reduce your risk of heart disease.

4,000 to 5,000 steps — can reduce risk of chronic disease and helps reduce risk of cognitive decline. (People who walked this far were found to have a 25 per cent lower risk of dementia.) As a scientist at the European University of Madrid, said: "This is likely because of improved blood flow to the brain, reduced brain inflammation, better metabolism of glucose in the brain, and an increase in beneficial brain chemicals which stimulate neuron growth."

7,000 to 8,000 steps, about three miles, can provide a 31 per cent lower risk of depression, and it can also lower your risk of cardiovascular disease by 51 per cent.

10,000 steps - about five miles, achieves a wide range of health benefits. But even just 8,800 steps a day has been found to reduce risk of premature death from many diseases by 60

As a scientist at the University of Sydney explained: "It's about setting initial targets that are achievable, and then gradually working your way up to more daily steps, as you build up your capacity to handle more activity."

Parish Pump

#### Why you need a holiday

They are more than an indulgence – a holiday can be vital for your health and mental well-being. Here are five reasons why:

Better sleep: after two or three days on holiday, most people average an hour more of good quality sleep. And deep sleep improves problem solving and cell repair.

More vitamin D: Our bodies make this in response to sunlight. It is important for bones

and immunity, but one in five of us are thought to be deficient.

Help your heart: Researchers at Syracuse University in New York found that those people with the lowest risk of heart disease had taken their full annual leave in the past year. Conversely, infrequent holidays led to a greater risk of coronary heart disease.

Reduce stress and get your energy back: As one doctor explains, living under stress "is like squirting steroids into your body every day". Stress triggers the production of cortisol, which lowers your sex hormones and affects your thyroid. Your hair will thin and your energy decrease. For the best rest, take an occasional complete break from your work mobile and emails.

Time together – spend quality time with your nearest and dearest. Build some more happy memories. At the end of our lives, few of us look back and wish we had spent more time in the office.

Parish Pump

#### People who can't see should not drive!

So says a coroner, following a spate of four deaths caused by drivers who, in one case, could barely see his own steering wheel.

Dr James Adeley, the senior coroner for Lancashire, has said that letting motorists self-certify their fitness to drive is the 'laxest system in Europe', and is highly ineffective. And, until it is changed, road deaths will continue to be caused by drivers with failing eyesight.

Dr Adeley has sent a report to Heidi Alexander, the Transport Secretary, calling for action. He points out that the UK is one of only a handful of countries to use 'self-reporting' of any visual conditions that affect one's ability to drive.

Dr Adeley said: "The current system for 'ensuring drivers meet the visual legal standards is ineffective, unsafe and unfit to meet the needs of society."

The Department for Transport has responded: "The NHS recommends adults should have their eyes tested every two years and drivers are legally required to inform the DVLA if they have a condition which affects their eyesight.

Parish Pump

#### Kitchener and that poster from the First World War

Some 175 years ago, on 24<sup>th</sup> June 1850, Herbert Kitchener, the 1<sup>st</sup> Earl Kitchener, was born. This Irish-born British Army officer and politician became Secretary of War during the First World War, when he appeared on an iconic poster asking people to join the army.

Kitchener already had a fearsome reputation, having been responsible for big colonial victories in Sudan and South Africa. He was very widely admired by the British people, though his cool personality and eagerness to push his men to the limit made him disliked by fellow officers. But he was also described as a godly man "who did noble deeds and obtained noble results".

He had been on leave in England in June 1914 when he reluctantly accepted an appointment to the Cabinet as Secretary of State for War and was promoted to Field Marshal. Most people expected a short war, but Kitchener did not; he went about enlisting a great number of volunteers — a campaign symbolised for most people by Alfred Leete's poster using Kitchener's own face with the slogan 'Your country needs you'.

He organised British armies on a scale never seen before, but he was not to see victory. His life ended suddenly when he was drowned after the cruiser HMS Hampshire, taking him on a mission to Russia, was sunk in 1916 by a German mine. His body was never recovered, and the wreck is now a war grave. His death has been likened to the deaths of President Kennedy and Princess Diana — everyone remembered where they were when they heard the news.

A memorial fund launched by the Lord Mayor of London raised £500,000 to help war casualties and continues today. A Kitchener memorial was built by the people of Orkney on the cliff edge at Marwick Head.

Parish Pump

### Why you should draw your curtains at night (especially if you live in the country)

Most of us draw our curtains at night, in order to ensure privacy. But there is another very valid reason: to help protect local wildlife.

It seems that insects who live in the countryside are very susceptible to bright lights, which can badly disrupt their overall health and general behaviour.

As one scientist explained: "We don't know exactly how fatal it is, but one estimate is that 33 per cent of all the insects attracted to light die before morning. And even if they don't die, they're spending all their time at the light instead of doing the things they're supposed to be doing."

Light pollution is now seen as adding to what some scientists have called "insect Armageddon", with a 75 per cent decline in insect populations in 30 years. As one scientist said: "Small individual actions such as drawing curtains can make a big impact to our smallest creatures."

Parish Pump



**Messy Church!** 

Join us here at St Luke's Church: after school on



Friday 6<sup>th</sup> June Friday 4<sup>th</sup> July Friday 5<sup>th</sup> September

from 3 pm to 5.30 pm

For:

A simple meal

Songs

**Friends** 



a short service

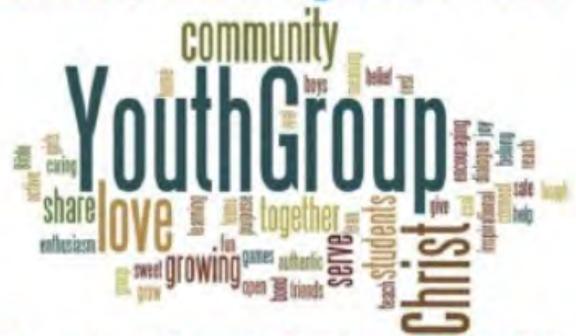
Games Revd Anne-Marie Renshaw: 01621 815260

St Luke's Church, Church Road Tiptree, CO5 0SU

Find us on Facebook: /tiptreestlukes



**Churches In Tiptree Youth** 



An inclusive Christian faith based Youth Club for young people in school years 7° – 11 (ages 11 – 16) open to year 6 from Easter

Fridays, Term Time, 7pm - 8:45pm

@ Tiptree URC, Chapel Road Fun, games, sports, cooking, lifeskills, snacks, conversation £1 per week, first session FREE

Want to know more?

Contact: andy@typo.uk.net



### CITY CITY CITY CITY

**Churches In Tiptree Youth** 

### Progress on Restoring the Hatchment of Messing Church

The five funerary hatchments that have been hanging in the Church from 1679/1737 to the present day have finally been granted a faculty for removal and restoration. This is the culmination of the first stage of our campaign to save them. The hatchments are now with a conservator, where they will be fully assessed and a report written on each one for the restoration program to start. We already have full heraldic reports and the ancestral mapping of the family represented through these ancient artefacts.

If you are interested in following the progress as they are renovated and eventually returned, please contact the Parochial Church Council or Friends of Messing Church.

The photograph gives an indication of what the hatchments might look like after restoration.



#### FROM THE PAST

46 years ago, in February 1979, the interior of St. Luke's looked like this. The scaffolding was erected to facilitate the painting of the church. The barrel roof was painted by specialist contractors while the rest were done by church members and volunteers. The total cost was £3,900 (around £19,000 today) and took around a month to complete.

Over the page is an extract from the Essex County Standard of 9 February 1979 together with a picture that appeared, see who you can recognize!!

One obvious thing is how health and safety has changed. Not a hard hat or Hi Viz west in sight.



Pictures by Norman Eastbrook MBE





Essex County Standard - February 9, 1979

in the church for the next

done 23 years ago - will us of only £3,900." be carried out at a cost to amazingly well," said the hompson. vicar, the Rev Timothy parts of the church itself. "It will mean that this "Everyone has rallied - which was last to help

is being carried out by a month while the work is ion of the high barrel roof eing carried out. Although the redecora

on the more accessible undertaken to do the work

Birch, the church has

irm of contractors from

and planks, which will be amid the scaffolding poles coat of paint. munion service was held then giving them a good the walls and pillars and Sunday's weekly comThe group started work in the 120-year-old church

congregation. volunteers from

Church is getting a TIPTREE'S St Luke's

on Saturday, cleaning up

24

#### The Nicene Creed: Who is God?

#### Canon Paul Hardingham

'We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.'

2025 sees the 1700th anniversary of the Nicene Creed. We use it at Communion services, but how much notice do we take of the words? In this new series we are looking at what it means to believe in God as Trinity.

We believe: In Greek, the Creed begins 'we believe' (in Latin, 'I believe.'). It was formulated at the time of Arius, who declared that Jesus was the first and greatest of God's creatures, but not the same as God the Father. His teaching proved so damaging that the Emperor Constantine called an ecumenical council in Nicaea (AD 325) to clarify the core beliefs for all Christians.

*in one God:* We believe in a God who is both one and Trinity: 'Hear, O Israel: the Lord our God, the Lord is one' (Deuteronomy 6:4). He is the Old Testament God, who we know through the life and work of Jesus and the Holy Spirit. We are to worship Him alone and not people or things.

the Father, the Almighty: God is both the almighty Creator and loving Father: 'Our Father in heaven, hallowed be Your name' (Matt 6:9). Although the Father of all that exists, He is specifically Father to those who are His children through their faith in Jesus.

maker of heaven and earth: God comes before anything that was created, and Creation is His alone: 'In the beginning God created the heavens and the earth. Now the earth was formless and empty' (Genesis 1:1,2). The implication is that He created 'ex nihilo' ie out of nothing. He is one God who is unchangeable, lacking in nothing and the source of all that exists.

of all that is, seen and unseen: God did not just create the physical universe, but also the spiritual powers: 'For in Him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through Him and for Him.' (Colossians 1:16). Reality is more than what we can see, smell, taste, touch or measure.

The Creed establishes the 'big picture' of who God is and challenges our commitment to Him. How do these opening words of the Nicene Creed speak to us today?

Parish Pump



#### Children's parties

The main benefit of holding children's parties is to remind yourself that there are children out there who are more awful than your own.

\*\*\*

#### Why you should be careful

The owner of a new sports car was reluctant to allow his wife drive it, even to the local shops. After she insisted, he finally relented, cautioning her as she departed, "Remember, if you have an accident, the newspaper will print your age!"

\*\*\*

#### Some perks of getting old

There is nothing left to learn the hard way.

Things you buy now won't wear out.

You can eat supper at 4 pm.

You get into heated arguments about pension plans.

You can sing along with lift music.

Your eyes won't get much worse.

Your secrets are safe with your friends - because they can't remember them either.

\*\*\*

#### **Aspirin**

Had a slight headache this morning but felt much better after following the instructions on the aspirin bottle: 'Take two and keep away from children.'

\*\*\*

#### **Sweets**

I gave my four-year-old grand-daughter money for sweets and the church collection plate. Later, seeing her enormous pile of sweets, I got suspicious and asked if she hadn't also given some money to God in church that morning. "No," she replied sweetly, "He wasn't there."

\*\*\*

#### **Economy**

The vicar asked a member of his congregation, a banker, why he seemed a bit down. The banker replied: "I'm a walking economy! My hairline is in recession, my stomach is a victim of inflation, and both of these together are putting me into a deep depression."

\*\*\*

#### **Good quote**

A certain bishop had a fondness for using Bible quotations whenever he visited a function. When he arrived to open a new Maternity Home the organisers thought: "Now we have him stumped." However, after a few well-chosen words, the bishop smiled and said: "I know you are waiting for a quotation, so here it is: 'We shall not all sleep, but we shall be changed!"



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30 March Althea Clark Great Braxted 6 April Violet Moore Tiptree

13 April Billy Konsta Great Braxted

Weddings

14 March Dominic Slater & Chloe Williams

**Great Braxted** 

**Funerals** 

24 April Helen Rand Messing1 May Donald Clough St Luke's9 May Patricia Guerrier St Luke's

#### Real responses to school science exam questions:

- Genetics explains why you look like your father, and if you don't, why you should.
- The cause of perfume disappearing is evaporation. Evaporation gets blamed for a lot of the things people forget to put the top on.
- Water vapor gets together in a cloud. When it is big enough to be called a drop, it does.
- Mushrooms always grow in damp places, which is why they look like umbrellas.
- Momentum is something you give a person when they go away.
- A monsoon is a French gentleman.
- The word 'trousers' is an uncommon noun because it is singular at the top and plural at the bottom.
- To keep milk from turning sour, keep it in the cow.
- When planets run around and around in circles, we say they are orbiting. When people do it, we say they are crazy.
- For asphyxiation, apply artificial respiration until the patient is dead.
- Thunder is a rich source of loudness.

#### **Books of the Bible**

#### Canon Paul Hardingham

#### **Ecclesiastes**

'Meaningless! Meaningless!' This is how the book of Ecclesiastes begins (1:2), as it examines the futility of human experience 'under the sun'. The author is named as 'The Teacher' (1:1, Hebrew qoheleth), traditionally identified with King Solomon. Although focusing on life in the physical world, the book ends with, 'Fear God and keep his commandments' (12:13).

Ecclesiastes reminds us of the limitation of human wisdom, which cannot find meaning and purpose without God:

Our strivings 'under the sun' can only lead to disillusionment (1:5–11). Therefore, we need to accept the life God gives us and enjoy it to the full.

Wisdom is given to those who please God (2:26). Such wisdom cannot solve all problems (1:16–18), or secure enduring reward (2:12–17). We cannot control our immediate future, resulting in uncertainty (6:12), and there are difficult questions about life and death itself (9:1–3). In response, we need to understand our human limitations before God.

God has ordered all things in their time; things we cannot change or fully anticipate: 'There is a time for everything, and a season for every activity under heaven' (3:1–15).

However, the world is not fundamentally chaotic or irrational, as it is ordered by God: 'He has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end.' (3:11). We should remember our Creator when we are young before the infirmities of advanced age stop us from enjoying the good things of life (12: 1-8).

In summary, Ecclesiastes shows us how to live meaningfully and joyfully by placing God at the centre of our life, while trusting and obeying our Creator.

Parish Pump

#### The Venerable Bede – the father of English history

Tim Lenton looks back on the man who gave us 'Anno Domini'.

1300 years ago, on 26<sup>th</sup> May 725, the Venerable Bede died. This English Benedictine monk, historian, linguist and teacher is known as "the father of English history." He helped to popularise the idea of dating years from the birth of Christ (Anno Domini – AD).

Bede was certainly born into a well-to-do family, but we have no details except that he

was sent to a monastery – Monkwearmouth in Northumbria – at the age of seven. He later moved on to Jarrow under the tutelage of Abbot Ceolfrith, both of them surviving the devastating plague of 686.

He was never a great traveller, preferring to spend most of his life studying and writing in Northumbria, except for visits to Lindisfarne and York. He completed about 60 books, most of which have survived. Not surprisingly, he was considered the most learned man of his time.

Bede was ordained a deacon at the early age of 19 and became a priest when he was 30. He was known for his devotion to prayer, for studying the Scriptures and for his faithful observation of the monastic discipline. His most famous work is the *Ecclesiastical History of the English People (Historia Ecclesiastica Gentis Anglorum)*, which is widely relied on as historical source material.

He was particularly interested in the academic discipline of computus – the science of calculating calendar dates, particularly, and controversially, the date of Easter. The word 'computer' stems from this work. Bede was also a skilled translator, and he made the writings of the early Church Fathers accessible to the English people.

Bede died at the age of 61 or 62 at Jarrow and was buried there, but his remains were later moved to Durham Cathedral. He was declared a Doctor of the Church by Pope Leo XIII in 1899.

Parish Pump

# Eustace King

& Birkin Funeral Directors



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Email: tiptree@ekbirkin.com

## On what security cameras in church will tell you

From The Rectory St James the Least of All



#### My dear Nephew Darren

Much against my better judgement, after a recent series of small thefts, we have installed security cameras here at St James the Least of All. Thank goodness the suggestion for trip wires that opened the gate to Mrs Poppleroy's garden next door, thereby setting loose her deranged Pekingese, was narrowly defeated – though I had to use my casting vote.

So now we have a complete record of everything that goes on when no one is about. It makes such interesting viewing that I have cancelled my television licence and spend every evening watching the antics of my parishioners. I wonder if there is some niche television channel which would be interested; it could help the tower restoration fund no end.

Miss Margison seems to imagine she is now part of some theatrical performance every time she cleans the church; her body language as she wields a feather duster is of operatic proportions, as is her final bow to the cameras as she leaves.

I have at last found the several hiding places where Mr Prentice secretes his bottle of whisky every week when he comes to wind the tower clock.

Colonel Wainwright, who served for some time in the security services, is now worried that photographs of him cleaning the brass will be circulated in Russia. He fails to appreciate that his disguise as a French onion seller, with striped jersey, beret and waxed moustache does tend to make his presence rather more interesting than he imagines – to us, if not to the KGB.

The flower arrangers seem to imagine that we are recording sound as well as pictures and so whenever they are in church together, all gossip is written down and passed round by hand as they work in total silence. So far, they have remembered to take their pieces of paper home with them. One slip and I shall probably learn more about my parishioners in five minutes than I have done in the last five years.

The cameras have also solved the mystery of who has been pilfering the items - and even the nest where they have hidden it. If only I could teach the magpies to extract money from pockets and place it on the collection plate.

Your loving uncle, Eustace





#### All Saints' Church, Gt Braxted, CM8 3EN

You are welcome to join us for our services at any time.

#### Services for 2025:

20<sup>th</sup> April 11.15 am Easter Day Parish Communion 1<sup>st</sup> Sunday of each month at 11.15 am, Family Service: 4<sup>th</sup> May, 1<sup>st</sup> June, 6<sup>th</sup> July, 3<sup>rd</sup> August, 7<sup>th</sup> September & 5<sup>th</sup> October

Our usual pattern of services continues until October, with Family Service suitable for all ages on the first Sunday of the month.

Sunday 21<sup>st</sup> December 11.15 am Carol Service

Wedding couples establishing a qualifying connection are also able to attend St Luke's Tiptree, CO5 0SU any Sunday of the month at 9.30 am.

For any enquiries please telephone Revd Anne-Marie Renshaw, 01621 815260 <u>amlrenshaw@btinternet.com</u>
or, contact our Team Administrator, Christine Hall thurstableteamadmin@btinternet.com

#### All in the month of June

It was

90 years ago, on 1<sup>st</sup> June 1935, that driving tests became compulsory for all new drivers in Britain.

\*\*\*

50 years ago, on 7<sup>th</sup> June 1975, that the first Cricket World Cup to be held in England began.

\*\*\*

500 years ago, on 13<sup>th</sup> June 1525, that German Protestant Reformer Martin Luther married Katharina von Bora, a nun whom he had helped to escape from a convent.

\*\*\*

50 years ago, on 18<sup>th</sup> June 1975, that the first North Sea oil was pumped ashore to Britain.

\*\*\*

175 years ago, on 24<sup>th</sup> June 1850, that Herbert Kitchener, the 1<sup>st</sup> Earl Kitchener, was born. This Irish-born British Army officer and politician became Secretary of War during WW1, when he appeared on an iconic poster asking people to join the army. He was killed in 1916 when his ship was hit by a German mine.

\*\*\*

125 years ago, on 25<sup>th</sup> June 1900, that Louis Mountbatten, 1<sup>st</sup> Earl Mountbatten of Burma, was born. He became Governor-General of India (1947-48), First Sea Lord (1955-59), and Chief of the Defence Staff (1959-65). Assassinated in 1979 by an IRA bomb planted on his fishing boat.

\*\*\*

#### All in the month of July

It was

490 years ago, on 6<sup>th</sup> July 1535 that Sir Thomas More, former favourite of Henry VIII, was executed after refusing to recognise the King as the head of the Church.

\*\*\*

85 years ago, on 10<sup>th</sup> July 1940, that the Battle of Britain began.

\*\*\*

105 years ago, on 18<sup>th</sup> July 1920, that 750,000 war dead are commemorated with the unveiling of a new national monument in Whitehall, London. The Cenotaph takes its name from the Greek words *kenos* and *taphos* meaning empty tomb.

\*\*\*

480 years ago, on 19<sup>th</sup> July 1545 that King Henry VIII looks on as his newly refitted flagship the *Mary Rose* sinks in the Solent, off England's south coast, with the loss of 700 lives.

\*\*\*

85 years ago, on 23<sup>rd</sup> July 1940, that the Local Defence Volunteers became the Home Guard

\*\*\*

### Wordsearch

The story of Pentecost is found in Acts 2. After the Ascension of Jesus, the disciples had obeyed His command to stay in Jerusalem and to 'wait for the promise from the Father'. Jesus said this would be the 'baptism of the Holy Spirit', but the disciples had no idea what that meant. They soon found out! Acts tells us that at about 9 o'clock one morning, a sound like a rushing wind from heaven suddenly filled the house, and divided tongues as if of fire rested on each one of them. The Holy Spirit had come down and filled them with His divine power! Praise, preaching and witnessing followed that morning – and the Church was born.

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Pentecost	Tongues	Languages	Morning
Trinity	Power	Praise	Glory
Jerusalem	High	Drunk	Waiting
Disciples	Fires	Wine	Place
Praying	Flames	Nine	Wind

Father Son Holy Spirit Eternal



**On Saturday 5**<sup>th</sup> **July at 7:30pm**, Tiptree Choral Society, under Musical Director Malcolm Boulter and accompanied by David Leveridge, will perform Handel's 'Coronation Anthems' and Mendelssohn's 'Hymn of Praise'. The choir will be joined by soloists Claire Pendletone and Michael Savage.

The Coronation Anthems were written in 1727 for the coronation of George II and Queen Caroline, though the texts chosen by Handel go back even further to the coronation of James II in 1685. One of these anthems, the stirring 'Zadok the Priest', has been sung at every coronation since 1727.

The choral section of Mendelssohn's 2<sup>nd</sup> symphony, 'Hymn of Praise' contains the well-known chorale 'Now thank we all our God', a favourite tune of Mendelssohn's. The 'symphony-cantata' was written in 1840 in praise of and thanksgiving for the Creator - "But I would see all the arts, especially music, in the service of Him who gave and created them."

Come along to **St Luke's Church, Tiptree CO5 0SU** and enjoy these beautiful, familiar works. There will be a raffle (£1 a strip) in support of Society funds and free refreshments (donations appreciated if you are able). Programmes will be available at the cost of £1 each.

Tickets are available online at tiptreechoral.uk and on the door. Adults £15, students £5, accompanied children under 16 free.

### Parish revitalisations and rural areas to receiving funding for mission

Parish revitalisations, work with children, young people and families and training for mission in rural areas are among a range of programmes to spread the Christian faith backed by the latest round of grants awarded by the Church of England.

The Dioceses of Carlisle, Chelmsford, Rochester, Sheffield, St Edmundsbury and Ipswich and Winchester are to receive awards for programmes to support parishes and serve communities, ranging from funding for new congregations in churches to funding for clergy and lay workers in urban and rural areas.

The awards, made by the Church of England's Strategic Mission and Ministry Investment Board (SMMIB) invest in low-income communities and seek to promote diversity in congregations and church leadership.

Parish Pump



### Do you need legal advice?

Age Well East, in partnership with John Fowlers Solicitors, are hosting a monthly FREE LEGAL CLINIC.

By appointment only as spaces are limited.

Clients usually have 1 hour to explain the issue and receive basic advice on the next steps to take.

Clients must be aged 60 years+.

Dates and times vary.

Location: John Fowlers Solicitors,

1 West Stockwell Street. Colchester

Call us to find out more.

0300 37 33 333

#### Are bananas really good for you?

On the one hand, bananas offer good things. They count as one of your five a day, carry only about 90 calories, and are packed with the essential mineral potassium (good in lowering blood pressure.) But they are not perfect...

So, here are some pros and cons of bananas:

**Pro:** High in potassium, good for heart health, lowers blood pressure, has Vitamin C, helps digestion, provides energy, full of fibre, cholesterol-free.

**Cons:** Can raise potassium levels too much (avoid them if you have kidney disease), can lead to wind and bloating, cause blood sugar spikes, weight gain, and disrupt sleep.

Overall, experts recommend eating no more than two bananas a day.

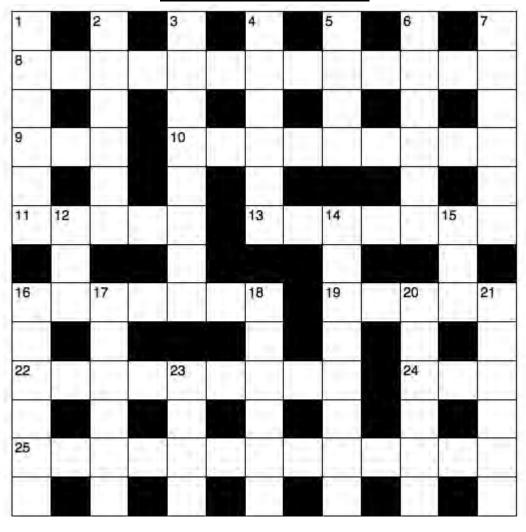
Parish Pump



The Fabric Team recently erected a shed donated by Sheila Gunson to house equipment in the back of the Rectory garden. Here are some pictures of their work.



### Crossword



#### Across

- 8 Laban complained he had not been allowed to kiss them when Jacob fled with his family (Genesis 31:28) (13)
- 9 In favour of (3)
- 10 'The child's father and mother at what was said about him' (Luke 2:33) (9)
- 11 Swagger (Psalm 12:8) (5)
- 13 'Terrors him on every side and dog his every step' (Job 18:11) (7)
- 16 Bay bits (anag.) (7)
- 19 Preach, address an audience, speak in public (5)
- 22 Holy Communion (9)
- 'On their way to out the land, Joshua instructed them, "Go and make a survey of the land" (Joshua 18:8) (3)
- Joseph advised Pharaoh to appoint these to administer his grain storage plan (Genesis 41:34) (13)

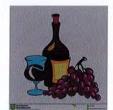
#### Down

- 1 'Assyria's pride will be brought down and sceptre will pass away' (Zechariah 10:11) (6)
- 2 'And Jesus grew in wisdom and stature, and in with God and men' (Luke 2:52) (6)
- 3 The descendants of Esau (Genesis 36:9) (8)
- The components of the crown that Jesus was made to wear before his crucifixion (John 19:2) (6)
- 5 Colour of cloth which was to cover holy objects in the tabernacle when moving camp (Numbers 4:6–12) (4)
- One of the gold articles plundered from the Midianites offered to the Lord by the Israelite army 'to make atonement' (Numbers 31:50) (6)
- 7 'The fathers have eaten sour grapes, and the children's teeth are set \_\_\_\_'
  (Jeremiah 31:29) (2,4)
- 12 Ate (anag.) (3)
- 'We ourselves... groan inwardly as we wait eagerly for our as sons' (Romans 8:23) (8)
- 15 Abram's nephew (Genesis 14:12) (3)
- 16 Rupture (Job 30:14) (6)
- 17 'Yet to all who received him... he gave the right to children of God' (John 1:12) (6)
- 18 'I... asked him the true meaning of all . he told me and gave me the interpretation of these things' (Daniel 7:16) (4,2)
- 20 Military units (Exodus 14:20) (6)
- 'Joseph her husband was a righteous man and did not want to her to public disgrace' (Matthew 1:19) (6)
- 23 Diva (anag.) (4)

Tiptree Guild of Beer and Wine Makers

# **Tiptree Tipplers**





Meeting here every 3<sup>rd</sup> Wednesday 7.30pm for 8.00pm

A fun night out in a friendly atmosphere

Themed nights – see list

Why not come along & give us a try- no commitment

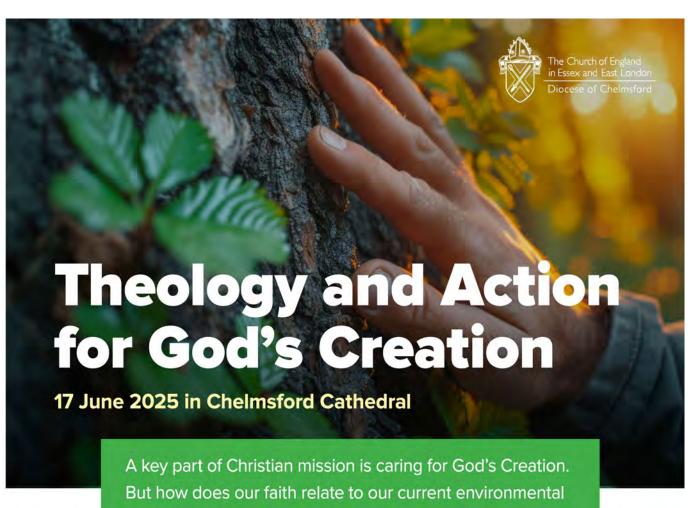
New members always welcomed

Annual membership only £35 with no entrance fee.

Upon arrival ask for Bill or Sonia who will welcome you and introduce you to our members

#### Our events for 2025 are -

Jan 15th – Wine Roulette	July 16 <sup>th</sup> – Summer Trip TBA
Feb 19th – Non Alcoholic beer discussion	Aug 20th – Wine Talk &
Mar 19th – Scones & Bread Competition	Ploughman's
+ Quiz	Sept 17th- Beer/Chutney
	Comp.
Apr 16th - Cheese/Port/Chocolate Tasting	Oct 15th - AGM & Hot Dogs £3
May 21st – Games Night + Pizza £3	Nov 19th – Talk
June 18 <sup>th</sup> - Wine Competition + Quiz	Dec 17th - Christmas Party



crises? Are we stewards of creation or much more? Does the earth need protecting? What practical action can we take?

#### 5:15pm Evensong with a Creation theme

Celebrating the Diocese's Environmental Network past and present including Deanery Environmental Advocates, and parish Eco links.

#### 6:00pm Stalls and locally produced refreshments

A chance to learn about what churches in the Diocese are doing, including some of our Bronze, Silver, and Gold, Eco churches.

#### 6:30pm "Theology and Action for God's Creation"



Rev Dr Dave Bookless
Head of Theology at A
Rocha International and
author of "Planetwise" and
"God Doesn't do Waste"

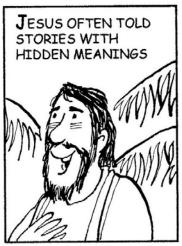


**Jo Herbert-James** Head of Engagement at A Rocha UK

Everyone is welcome to this event for all or part of the evening. www.chelmsford.anglican.org/environment



The
Tale of the
TWO MEN
SAYING
THEIR
PRAYERS







THE OTHER WAS A TAX COLLECTOR. (NOT A POPULAR MAN IN JESUS' DAY!).















IT WAS THE TAX COLLECTOR, NOT THE PHARISEE, WHOSE PRAYERS WERE HEARD!



JESUS EXPLAINED -'DON'T BE PROUD WHEN YOU PRAY - INSTEAD BE HUMBLE'.

#### St Luke's Ladies Group

**16 June** Annual General Meeting + Susie Sings

17 July Goat Soap - Irene Varnett

Various local charities are supported every year.

Look out for details about outings on the noticeboards.

MEETING IN THE CHURCH EXTENSION

3rd THURSDAY IN THE MONTH

at 7.30pm

ADMISSION £4.00

INCLUDES RAFFLE

& REFRESHMENTS



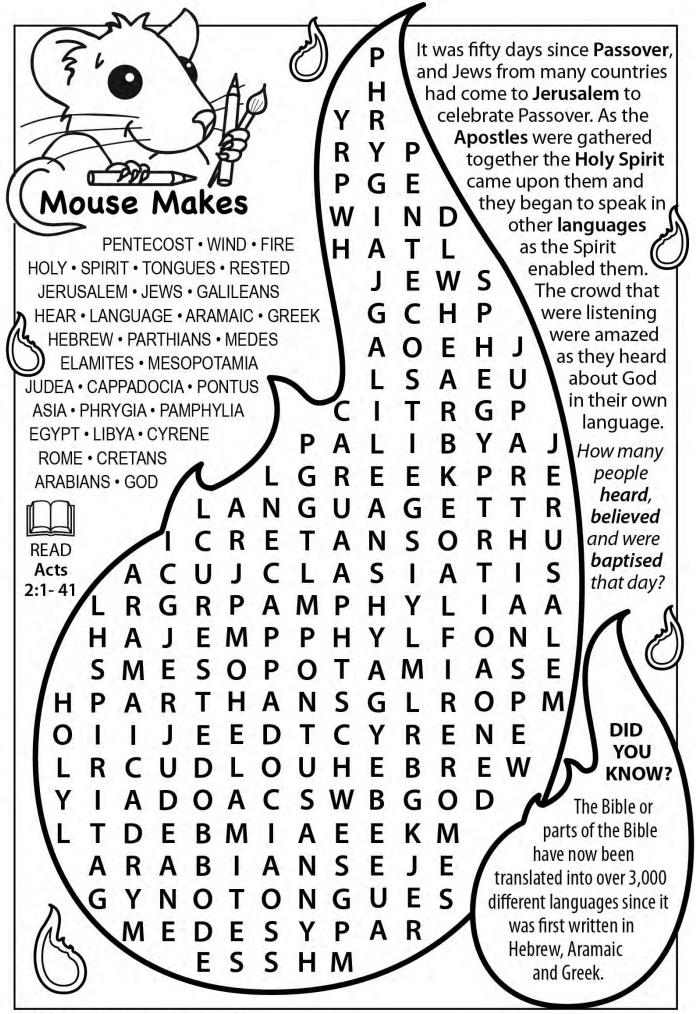




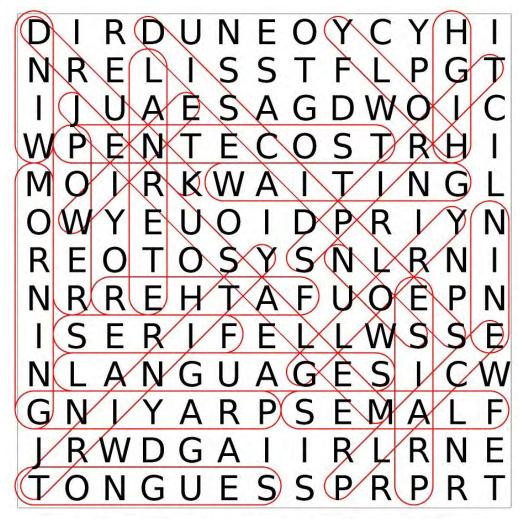
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### **Solutions:**







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